Karensa Woirhaye, RN, BSN

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# Objective

* Seeking a Registered Nurse position which will give me the opportunity to expand my practical experience while providing quality health care to patients.

# Education

## Registered Nurse, Bachelor of science in Nursing | JUNE 2019 | Salish Kootenai College

## Registered Nurse | JUNE 2013 | Salish Kootenai College

## Licensed Practical Nurse | JUNE 2009 | college of technology-University of Montana

# Skills & Abilities

## Management

* Easy going and personable with coworkers and patients
* Team player
* Prioritize tasks and the ability to manage time
* Organizational awareness
* Proactive in problem solving

## Communication

* Good/active listener
* Clear/concise communication
* Open-mindedness
* Effective communication with coworkers and patients

## Leadership

* Lead RN and nursing supervisor in an Urgent Care setting overseeing 7 nursing staff members and rooming on average 40 patients daily

# Experience

## Registered Nurse | Western Montana Clinic | July 2014 – present

* Lead RN and nursing supervisor in an Urgent Care setting
* Record patient intake
* Triage
* Perform EKG’s in the office
* Obtain vital signs
* Perform CLIA waived testing’s (strep, influenza, RSV, mono, urinalysis, urine HCG)
* Access to Sysmex machine (pocHi) to perform CBC testing in the office
* Phlebotomy/IV starts
* Specimen/sample collection
* Administer oral/IM medications and vaccines
* Assist providers with procedures such as: lacerations, foreign body removal, abscess/cyst incision & drainage, toenail removal, female pelvic exams, orthoclast splinting
* Apply durable medical equipment for musculoskeletal injuries

## Registered Nurse | Western Montana Clinic | August 2013 – June 2014

* Doctors aid in Rheumatology department
* Record patient intake
* Obtain vital signs
* Scribe for physician while performing exams
* Renew and print prescriptions (biologics and narcotics)
* Assisted physician with procedures such as: bursa injections, joint injections, joint aspirations, plantar fasciitis injections

## Licensed Practical Nurse | Community Physicians Group | November 2009 – July 2013

* Lead LPN in an Urgent Care setting
* Record patient intake
* Obtain vital signs
* Triage
* Perform EKG’s in the office
* Phlebotomy/IV starts
* Administer oral/IM medications and vaccines
* Assist providers with procedures such as: lacerations, foreign body removal, abscess/cyst incision & drainage, toenail removal, female pelvic exams, orthoclast splinting
* Apply durable medical equipment for musculoskeletal injuries
* Perform CLIA waived testing’s (strep, influenza, RSV, mono, urinalysis, urine HCG)
* Specimen collection

## Combat Medic | Army National Guard | October 2005 – Novemer 2011

* Provided medical care to local and national soldiers
* Mass casualty triage
* Humvee/black hawk patient extraction
* Lead medic on firing range
* Medical records technician, Dental technician
* Administer IM vaccines (anthrax, TDaP, influenza, Hep A, Hep B)
* IV starts/phlebotomy
* EKG’s, annual eye exams