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## **Ruby Valley Medical Center – COVID 19 (Coronavirus) Information**

*Ruby Valley Medical Center currently has protocols in place to deal with any contagious respiratory diseases, including the coronavirus.*

*The Infection Control Team would like to inform the public of the following:*

1. If you feel you may have been exposed to the coronavirus **DO NOT COME** directly to the hospital or clinic. Please call one of the following numbers to undergo a screening process:
  - a. Ruby Valley Medical Center (406) 842-5453
  - b. Twin Bridges Clinic (406) 684-5546
  - c. Public Health (406) 683-4295
2. The following questions will be asked:
  - a. In the **last 14 days**, have you traveled to an area that has been identified as having the coronavirus?
  - b. Have you had **prolonged, direct contact** with a **CONFIRMED COVID 19** positive patient?
  - c. Have you had a fever of **greater than 100.0 °F within the last 72 hours**?
  - d. Do you have a **new cough** and/or **shortness of breath** and/or **body aches**?
3. If we feel you should be tested for coronavirus, we will give you instructions on how that will be accomplished. All testing requires an order from a healthcare provider.
4. Please keep in mind that the majority of people who are infected with COVID-19 will **most likely not need hospitalization**. They will need isolation and supportive treatment such as increased fluid intake, rest and medications to control the virus.
5. **Reasons to come directly to the hospital include:**
  - a. Uncontrolled fevers
  - b. Shortness of breath
  - c. Severe dehydration
  - d. Other complicating diseases such as **COPD, emphysema, and/or any other respiratory disorders**.
6. If you are able, **please call ahead** to 406-842-5453 (after hours, dial extension 3207), and alert our staff so we may take proper precautions for your safety, ours and that of our current patients within our facility.
7. **Protect Yourself By:**
  - a. **WASH YOUR HANDS** – for at least 20 seconds.
  - b. Avoid touching your face
  - c. Keep a respectable social distance from other individuals, which is recommended to be **approximately six feet**.
  - d. Get plenty of sleep and support your immune system.

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